



Concordia St. Paul Week of Sept 29th

Specials Served in Union

Monday

Taco Salad W/16 soda \$4.50

Tuesday

Italian Sausage and Pepper Burger Combo
\$5.75

Wednesday

Italian Sausage and Pepper Burger Combo
\$5.75

Thursday

Italian Sausage and Pepper Burger Combo
\$5.75

Friday

Baked Potato Bar \$3.75

Dining Center Hours

Monday - Thursday

11:00am - 1:00pm

5pm-7pm

Friday

11:00am - 1:00pm

Sunday

10:00am-2:00pm

5pm-7pm

Union Hours

Monday-Thursday

11:30am-9:00pm

Friday

11:30am-7:00pm

Saturday

10:00am-1:00pm

4:30pm-6:30pm

www.balancemindbodysoul.com

Monday

BREAKFAST SPECIAL-Pancake Bar

COPPER POT-Cream of Broccoli

LUNCH ENTREE- Battered Cod with French Fries

LUNCH EXHIBITION- Chicken Soft Tacos

DINNER ENTREE'S- Roast Chicken with Cilantro Lime Rice

DINNER EXHIBITION- General Tso's Stir Fry Tofu with Basmati Rice

DINNER DELI- Bourbon Chicken Snackwich

Tuesday

BREAKFAST SPECIAL- Omelet Bar

COPPER POT- Beef Noodle

LUNCH ENTREE- Chicken Nuggets with Macaroni and Cheese

LUNCH EXHIBITION- Pork Fajitas

DINNER ENTREE'S- Buffalo Chicken Meltdown with Fries

DINNER EXHIBITION- Spaghetti and meatballs with Garlic Toast

DINNER DELI- Bourbon Chicken Snackwich

Wednesday

BREAKFAST SPECIAL- Breakfast Biscuit Sandwich

COPPER POT- Chicken Corn Chowder

LUNCH ENTREE- Shepherd's Pie with Butternut Squash

LUNCH EXHIBITION- Chicken Stir Fry with Rice

DINNER ENTREE'S- Pork Loin and Dressing and French Fry bar

DINNER EXHIBITION- Kung Pao tofu

DINNER DELI- Ham and Cheese Panini

Thursday

BREAKFAST SPECIAL- French Toast with Grilled Ham

COPPER POT- Baked Potato

LUNCH ENTREE- Chicken Pot Pie with Broccoli

LUNCH EXHIBITION- Puttanesca sauce tossed with Rotini

DINNER ENTREE'S- Italian Beef with Mashed Potatoes and Brussel Sprouts

DINNER EXHIBITION- Red Curry Pork with Jasmine Rice

DINNER DELI- Ham and Cheese Panini

Friday

BREAKFAST SPECIAL- Chocolate Chip Pancakes

COPPER POT- New England Clam Chowder

LUNCH ENTREE- Chicken Bacon Cheddar Potato Bowl

LUNCH EXHIBITION- Baked Ziti with Garlic Breadsticks

SERVED IN THE UNION STATION

DINNER ENTREE- Lasagna Blanco

Saturday

SERVED IN THE UNION STATION

COPPER POT- Chicken Noodle

BRUNCH SPECIAL- Chicken Fried Steaks with Mashed Potatoes

DINNER SPECIAL- Dijonnaise Turkey Fritters with Brown Rice

Sunday

COPPER POT- Cream of Broccoli

BRUNCH SPECIAL- Roasted Pork with Herbed Potatoes

DINNER ENTREE- Chicken Patty Parmesan with Tomato Basil Fettuccine

DINNER Expo- Mexican Potatoe Skins

